

BernCo at a Glance E-newsletter

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CORONAVIRUS [COVID-19]

48.00

BERNALILLO COUNTY INFORMATION AND RESOURCES

Click to visit website

www.BernCo.gov/coronavirus

Public Health Order Continues to Ease Restrictions

- Foremost, please stay home if you are sick. Period.
- If you go out, wear a face mask
- Practice social distancing be aware of your surroundings and others near you
- Adhere to the six-foot rule and stay at home except as needed for grocery shopping, medical assistance and exercise
- Limit group contact to five or fewer people
- Wash your hands often with soap and water for at least 20 seconds
- Clean and disinfect frequently touched objects and surfaces
- Avoid touching your eyes, nose and mouth
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash

New Mexico Department of Health:

- New Mexicans with COVID-19 related questions should call the coronavirus hotline at 855-600-3453
- Non-COVID-19 related questions or concerns, call 833-551-0518
- ****<u>NMDOH COVID-19 Public Dashboard</u> the data dashboard includes county-by-county breakdowns of positive cases by age, gender and ethnicity.

Up-to-date information about state mandates and information:

www.newmexico.gov.

Information and resources from the CDC regarding coronavirus COVID-19:

www.cdc.gov.

CDC fact sheets to read and/or download,

https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html

NMConnect smartphone app for all New Mexicans (click to learn more)



BernCo Parks and Recreation Summer Schedule

In an effort to keep Bernalillo County residents and county employees safe during the coronavirus (COVID-19) pandemic, most summer programs have been cancelled and outdoor swimming pools will not open.

The following is a schedule of open and closed facilities and cancelled events and programs:

OPEN:

Rio Grande Pool (opening date and operating hours to be determined)

- Limited swimmers in facilities
- No spectators
- · Social distancing will be observed
- Modified adult swim programming:
 - Lap swim only (no congregating and social distancing must be maintained
 - Adult water exercise
- NO OPEN RECREATIONAL SWIM

Grab-n-go lunches will continue at the community centers. Additional locations will be added as the summer lunch program begins.

Summer Lunch Program going on now at 22 sites throughout the county. FREE 'grab and go' breakfasts and lunches will be served five days a week until Aug. 5.

Locations and details at www.BernCo.gov/SummerLunch.

CLOSED AND CANCELLED:

- · ALL outdoor swimming pools
- Community centers
- · Summer sports leagues (youth basketball and adult softball)
- · Jimmy Nieto Softball Tournament
- New Mexico Recreation & Park Association state conference in Albuquerque

The county Parks and Recreation Department is re-branding for the summer of 2020 with the slogan,

"Recreating Recreation to Virtual Involvement for a Healthier and Safer Community Experience"

While the county is not offering traditional summer camps, "virtual camps" are being set up to offer zoom classes for exercise, art instruction, music classes and more. The county will also offer grab-n-go art kits that kids can use at home.

Any resident who has already paid for a summer program or camp is entitled to a refund or credit toward another program/season. Information about refunds/credits is at: https://www.bernco.gov/uploads/files/ParksRecreation/CREDIT%20or%20REFUND.pdf.

Information about available summer programming opportunities through Bernalillo County Parks, Recreation and Open Space can be found at:

https://www.bernco.gov/community-services/parks-recreation.aspx

Rio Grande Pool information: https://www.bernco.gov/community-services/swimming-pools-spray-parks.aspx

Recent BernCo News Releases

(click each news release below to read in full)

BernCo Follows Governor's Orders, Continues Tele-work

Bernalillo County will allow staffing up to 25% of regular staffing levels in departments but those departments must follow Governor Michelle Lujan Grisham's public health orders and encourage public adherence as follows:

- Vendors and contractors and general public will be required to wear masks while in county facilities.
- Meetings will be conducted virtually whenever possible. When in-person meetings are necessary, social distancing of at least six feet will be observed at all times
- County employees that are equipped and directed to tele-work or remote-work will continue to do so
- Employees shall avoid hosting meetings with visitors, including county employees, within their individual workspaces – the use of common areas and meeting spaces will be utilized when possible and all attending shall be wearing facemasks and observing social distancing
- Departments shall offer hand sanitizer at reception desks and customer service areas

BernCo and Teeniors Collaborate to Offer Free Tech Tutoring for Seniors

The Bernalillo County Office of Senior and Social Services is engaging the New Mexico startup Teeniors to help support local senior citizens as they adapt to the digital world during COVID-19. Up to 30 one-on-one coaching sessions with a live, experienced tutor are available over phone and video calls for Bernalillo County seniors, age 55 and older.

Teeniors will provide virtual tutoring for any senior to receive help on any tech support question they have, from how to text, video call and shop online, to learning new programs like PowerPoint, Zoom and social media.

Teeniors are tech-savvy teens and young adults who help senior citizens, or any-aged person, learn technology through one-on-one, personalized coaching. Teeniors has provided one-on-one tutoring to almost 3,000 seniors in New Mexico, and provided part-time jobs to over 50 teens and young adults. Since the COVID-19 outbreak, Teeniors has pivoted from in-person coaching to 100% virtual coaching.

Seniors who would like to schedule a session can contact Teeniors at (505) 600-1297 or at **teeniors@gmail.com**. More information is available online at **www.teeniors.com**. Spanish speaking coaches are also available upon request.

Sheriff Manuel Gonzales III Issues Countywide Scam Alert for Phony Officer "Warrants & Citations" Calls

Sheriff Manuel Gonzales III issued a Scam Alert in response to a report from a diligent Bernalillo County resident who reported this fraudulent activity to the Bernalillo County Sheriff's Office. In the voicemail, this scammer claims to be "Sgt. Ray Davis" with the "Warrants and Citations Division" of the Bernalillo County Sheriff's Office, giving a phone number using the 505 area code. These calls are scams, BCSO has no such division, and law enforcement does not call you if you have a warrant or citation asking for payment over the phone. Those matters are handled via mail. Law enforcement will never call you to ask for money over the phone, so please do not give financial information in response to these fraudsters.

Treating opioid addiction in the community with the use of Suboxone

Suboxone is a recently approved drug that combats the painful and difficult disease of addiction. The drug is used for heroin and opioid addiction treatment, Suboxone has proven to be an important contribution to medication assisted treatment. The Bernalillo County Department of Behavioral Health Services is committed to the ongoing treatment of the opioid crisis and has officially begun the induction of Suboxone at the CARE campus.

Bernalillo County - We're Here for You During COVID-19

The county's CARE campus is still operating, with reduced staff, to provide 24/7 services for behavioral health. The CARE campus provides a variety of programs to reduce the impact of alcoholism, substance abuse, and behavioral health needs within the community. The campus is located at 5901 Zuni, and more information is available at www.bernco.gov/dbhs.

The 2020 Census is your chance to shape your community—and your future.

Fastest and easiest way — go online towww.2020Census.gov



NMSU: BernCo Cooperative Extension Service

Click here to register for KIDS classes

Click here to register for ADULT classes



Virtual Gardening Classes

Want to start a garden at home but not sure where to start? Participate in these live and interactive gardening classes led by local specialists and Master Gardeners for fun, learning and community resources!

Kid Workshops Wednesdays at 10 am - 10:30 am

JUNE 3rd How to make a garden from things you find in your backyard

JUNE 17th All those bugs in my yard- what are they? Will they eat my garden?

Click Here to Register for Kids Gardening Classes

Classes
are scheduled
through Zoom.
Click link to
register for
class. After
registering you
will receive an
email with link
to attend class
at scheduled
time

Adult Workshops Thursdays at 6 pm - 7 pm

JUNE 4th Making a low cost garden from things you find in your yard (or from your neighbors)

JUNE 11th Tomatoes and chiles: how to take care of them so they stay healthy and produce lots

JUNE 18th Foraging and finding: how you can find tasty things to eat from plants in your yard and neighborhood

JUNE 25th Successful summer gardening (how to save on your water bill) in our hot dry climate

Click Here to Register for Adult Gardening Classes

"New Mexico State University is an equal opportunity/affirmative action employer and educator. NMSU and the U.S. Department of Agriculture cooperating"









Thank you for reading BernCo at a Glance

For assistance, please contact:

- Metropolitan Detention Center (general inmate info): (505) 839-8700
- Roads and traffic: (505) 848-1504 or (505) 848-1503
- Animal Care Services: (505) 468-PETS
- Property Maintenance (report a park or facility that needs cleanup): (505) 224-2119
- Schedule a large item pick-up: (505) 892-1200
- Department of Behavioral Health Services customer service: (505) 468-1555
- Court of Wills, Estates and Probate (general info): (505) 468–1232
 - Schedule an appointment: call (505) 468-1229 or email, probate@bernco.gov
- Unclaimed & Indigent Cremation Program: (505) 468-7295
- Accounts Payable general inquiries: (505) 468-7020
- All other calls: (505) 468-7777 or email, contactcenter@bernco.gov

FREQUENTLY ASKED QUESTIONS

• Glyphosate Moratorium

Website: www.BernCo.gov | Email: info@BernCo.gov